

## Chemical Peel

*The Peeling Company attaches great importance to informing its customers. We believe that achieving a good result also depends on good information. The purpose of the information below is to inform you about our peeling treatments. If there are any questions, we would be happy to hear them.*

### What is a chemical peel?

A peel contains natural acids such as Glycolic acid, Lactic acid or Salicylic acid that peels off damaged cells. This brings out the fresh and young skin cells. As we age, our natural cell division decreases, leaving our dead skin cells on the skin longer. A chemical peeling greatly reduces wrinkles, imperfections, sun damage and acne scars.

### Is a chemical peeling suitable for me?

People with good overall health, realistic expectations and a healthy skin tone are suitable candidates for undergoing a chemical peel. A chemical peel can be applied to the following skin conditions: Fine lines and / or wrinkles, pale and / or dull skin, coarse pore structure, clogged pores and / or inflammations / smoker's skin / sun-damaged skin / acne / acne scars / pigmentation spots / pregnancy mask / age spots / dark skin colors / all skin types (fat / normal / dry).

### When should a peel not be performed?

If you have one of the following conditions, unfortunately we cannot perform a peeling with acids for safety reasons. In this case we choose our Level 0 Peel with enzymes. Active cold sores (level 3/4/5) – Skin damage on the face, such as: eczema, psoriasis and sunburnt skin – use of skin-thinning medication (level 2/3/4/5) – use hydrocortisone – hormone treatments (only in consultation with the attending physician). During pregnancy, we can opt for a level 0 peeling based on enzymes or an algae peeling.

### Before the treatment:

Before the first chemical peeling treatment takes place, an intake interview always takes place first. During this meeting, we will discuss all personal details with you. Afterwards, the treatment itself, your expectations, possible results and possible contraindications will be discussed in detail. After approval, photos of your face are taken with the skin scanner Skin Observ, with the aim of determining our starting point regarding the result to be achieved. If you are sensitive to cold sores, it is advisable to take the L-Lysine dietary supplement 7 days before the peel to reduce the risk of an outbreak.

### How does the treatment work?

Our treatments are divided into 5 different levels: level 1 (superficial) to level 5 (deep). After the intake interview, it is determined which peeling best suits your needs and skin condition. Which substance is chosen for the treatment and in which concentration depends in part on the desired result.

### Do I experience discomfort during treatment?

During a chemical peel you can experience a warm or burning sensation from level 2. The higher the level, the more these symptoms can emerge. If you experience a burning sensation, we have a hand fan if necessary. This significantly reduces the burning sensation. Most customers tolerate the treatment very well.

### What can I expect immediately after a treatment?

Depending on the depth of the peeling and the genetic predisposition of my skin, I will be able to experience the following complications to a greater or lesser extent. Any complications or problems after treatment are almost always of a temporary nature.

- The skin may feel dry and tight for the first week after a peel.
- The skin may start to peel after 2 to 3 days. (Level 3/4/5) (Level 1 and 2 rarely) Important: If the condition of the skin is better, the skin will peel less. Peeling of the skin says nothing about the effect of the peeling.
- The skin may feel red, irritated or burn. (Level 3/4/5 and algae peeling) (level 1 and 2 rarely)
- The skin may become a little more restless during the first week after the treatment.
- A previously existing herpes infection (cold sores) can recur because of the treatment. Advice: Take L-lysine before treatment.

### Do I have to use certain products after the treatment?

To achieve the best result, we provide an adjusted home advice after the treatment. We advise you to follow this product advice at home. Important here is the daily use of daylight protection (at least SPF 30). The product advice for home is part of our service with the aim to improve your skin. It is important to know that our advice does not oblige you to do anything.

### When will the results become visible?

You will probably notice improvements in the texture and appearance of your skin after the first treatment. However, this differs per skin and situation. However, for optimal results, it is recommended to apply the treatment in a course of treatment. Depending on the goal of the treatment, the number of treatments can be determined. In general, most people see results after 3 to 6 treatments. We would like to emphasize that we can never predict this in advance. The result depends on various factors. The most important factors for achieving results are; type of skin problem, regenerative capacity of the skin, amount of stress, touching your own skin, use of the right skin care products (including a daily protection against daylight of at least spf30). We will always do our best to treat your skin in an expert and fair manner in order to improve your skin. However, we can never guarantee results.

### Is the treatment reimbursed by my health insurer?

Reimbursement is possible in some cases for various indications, such as acne or acne scars. This differs per health insurer and per policy. Inquire about this with your health insurer. After you have paid for the treatment with us, you can send our invoice to your insurance company.

### Prices:

● Level 0:	
30 minutes	€49,-(only face)
45 minutes	€69,- (without epilation /short massage)
60 minutes	€89,- (incl. epilation eyebrows and/or massage)
● Level 1:	
30 minutes	€59,-(only face)
45 minutes	€79,- (without epilation /short massage)
60 minutes	€99,- (incl. epilation eyebrows and/or massage)
● Level 2:	
30 minutes	€79,-(only face)
45 minutes	€99,- (without epilation/ short massage)
60 minutes	€119,- (incl. epilation eyebrows and/ or massage)
● Level 3: (TCA 7%)	€159,-
● Level 4: (TCA 15%)	€199,-
● Level 5: (Blend of active acids)	€299,-
● Algae peeling	€99,-
● Microdermabrasion	€109,-

### Package price

- With a series of 3 treatment you get a 10% discount on the total price
- With a series of 6 treatments you will receive the 6th treatment as a gift.
- Packages must be directly paid after your first treatment.

**Treatments can also be scheduled online via our website.**  
**For more information visit [www.thepeelingcompany.com](http://www.thepeelingcompany.com)**